

Chef Michael Rolchigo

A graduate of the renowned Culinary Institute of America in Hyde Park, New York with degrees in both Culinary and Pastry Arts

My best childhood memory is growing up in an apartment downstairs from my Italian grandmother, Lena Bello. My grandmother cooked every single day for our entire family and at a young age I found myself sitting at her kitchen table watching her cook and sampling her cuisine. Her zest for cooking was contagious and because of her I know I unconsciously chose my career path at a young age.

When gramma passed, I saved her table. I had so many beautiful memories of our family eating at this table I could not let it go. My vision for TAVOLENA, "Lena's Table", is to share the experiences of great food, love and family from my childhood, and my 43 year culinary journey. I welcome you to join me at TAVOLENA and dine at the table where I was inspired to become a chef and learned what love and family is all about.



RHODE ISLAND STYLE FRIED CALAMARI

Flash Fried Domestic Calamari Toasted Garlic / Hot Cherry Peppers Balsamic Glaze 26

PEAR & BLUE CHEESE PASTA PURSES

House Made Stuffed Pasta Poached Pear / Toasted Walnuts Gorgonzola Cream 27

LENA'S MEATBALLS

My Grandmothers Original Recipe Ground Sirloin & Pork / Parmigiano Reggiano & Locatelli Cheese / Garlic Parsley / Cooked in Grandma's Tomato Sauce with Ricotta & a Whole Lot of Love 28

ZUCCHINI BLOSSOMS

Tempura Fried Local Zucchini Flowers Stuffed with Ricotta / Parmesan Fresh Herbs / Lemon Butter Sauce 28

SHRIMP SCAMPI PINZA

Roman Style Flatbread Asiago / Mozzarella / Fontina Parmesan Cheeses / Lemon Sauce Parsley 32

TUNA TARTARE

Sushi Grade Tuna Spicy Calabrian Chili Sauce Vine Tomato / Basil / Lemon Aioli Italian Spiced Wontons 28

CO INSALATE DO

LENA'S CHOPPED SALAD

Romaine Lettuce / Tomato Bruschetta
Red Onion / Cucumber / Gorgonzola
Crispy Chick Peas
Grandma's Italian Vinaigrette
20

ARUGULA SALAD

Baby Arugula / Belgium Endive Candied Walnuts / Gorgonzola Cheese Maple Raspberry Vinaigrette 24

CAESAR SALAD

Romaine Lettuce Parmesan Crunchies / White Anchovies Emulsified Creamy Dressing



BURRATA

Prosciutto di Parma Wrapped Melon Prosecco Cantaloupe Coulis Toasted Pine Nuts / Fresh Mint 28